# **Grilled Caesar Salad**

## by: LOVES FOOD LOVES TO EAT FOOD52

PREP TIME 10 minutes COOK TIME 5 minutes

#### SERVES

2 for a meal, 4 to 6 for a side



## Ingredients

- 1 <sup>1</sup>/<sub>2</sub> tablespoons extra-virgin olive oil
- 1 tablespoon mayonnaise
- 1 tablespoon Worcestershire sauce
- 1 large lemon, juiced
- 1 to 2 cloves pressed garlic
- 1/3 cup fresh grated Parmesan
- 1/2 teaspoon anchovy paste, optional
- 1 pinch salt and pepper, to taste
- 1 large (or 2 small to medium) romaine heart
- <sup>1</sup>/<sub>2</sub> baguette, halved lengthwise

## Directions

- 1. For dressing, whisk together everything except romaine and baguette.
- 2. Add salt and pepper to taste.
- 3. Heat barbecue to medium to medium-high heat.
- 4. Cut romaine heart(s) in half lengthwise. Brush the cut sides with olive oil, then sprinkle with salt and pepper. Brush baguette with olive oil.
- 5. Place romaine and bread cut side-down on grill and cook 1 to 2 minutes, until charred but not overly wilted.
- 6. Serve still warm. For presentation, serve romaine hearts whole, surrounded by bread, and dress to your liking. Or, slice lettuce crosswise and serve in a bowl, with sliced baguette and dressing.

Be sure to refrigerate any leftover dressing.

Add your choice of topping to make it a complete meal -- chicken, shrimp, salmon, Portobello mushrooms, lentils, avocado, whatever you have on hand.

No grill, no problem! Use a cast iron pan or grill skillet pan on the stovetop!